

STAYING ALIVE

music: by N - Trance (Radio Version), Intermediate
 Pop-Techno-Rap-Disco, (Good God Travolta) time 4:04
 choreo: Naomi Fleetwood - Pyle, adapted by Doris Stern; dstern2007@googlemail.com
 sequence: Intro A B C D* A B C D Break A C
 wait 16 beats

Intro (16)

Kick Touch

KK(ots) TCH(xif) KK(ots) TCH(xif)

L L L L

1 2 3 4

Stomps fwd. & 3 Knee Bumps

STO STO - swivel -

L R L - R - L

1 2 3 & 4

move forward on beat 1-2

move knees L-R-L on beat 3-4

REPEAT all above - doing Stomps backwards and Knee Bumps R-L-R

Part A (32)

Double Kick

DT S/KK KK RS BA/H Up/SL

L L R R RL R L L R

& 1 2 &3 & 4

Double & Run (Fancy Run)

DS DS(xif) BA(ots) BA(xib) BA(ots) S

L R L R L R

&1 &2 & 3 & 4

move L

SortaTim

DS DT Up/H DT TCH(ib) SLR(fwd)

L R R L R R

&1 & 2 & 3 4

Stomp Double

STO DS DS RS

R L R LR

1 &2 &3 &4

turn 1/2 R

REPEAT all of above to face front

Part B (32)

Skuff It

SK Up/H H S SK Up/H H S

L L R L L R R L R R

& 1 & 2 & 3 & 4

Triple

DS DS DS RS

L R L RL

turn 1/4 L

Heel Leans

H(if) Toe(ib) H(if) Up/H

R R R R L

1 2 3 4

your upper body move:

on beat: 1 bw, 2 fwd, 3 bw;

turn 1/4 L on beat 4

Stomp Double

STO DS DS RS

R L R LR

REPEAT all of above to face front

Part C (44)

Travolta

S(xif) TCH(ots) S(xif) TCH(ots) S(xif) TCH(ots) TCH(if) TCH(ots)

L R R L L R R R

1 2 3 4 5 6 7 8

arms roll(if)-R hand up -roll(if) -L hand up - roll(if)-R hand up - R hand - R hand up down to L

4 Toe Walks (Toe-Heels)

T H

R R

& 1

move backward

2 Kick & Lean

KK(xif) TCH(ots) P

L L

& 1 2

(lean into it)

REPEAT all of above with opposite footwork

2 Slurs fwd.

S(xif) SLR(fwd) Up/H

L R R L

1 & 2

Get On It

DS/(T if) DR SL DR SL DR SL

L R L L L L L L

&1 & 2 & 3 & 4

Triple

DS DS DS RS

R L R LR

Part D* (16)

Slider DS-Swivel (dragging R foot) RS move L on beat 2-3
 L L RL
 &1 &2 &3 &4

Triple DS DS DS RS turn 1/2 R
 R L R LR

REPEAT all of above to face front**Part D** (32)

Slider DS-Swivel (dragging R foot) RS move L on beat 2-3
 L L RL
 &1 &2 &3 &4

Triple DS DS DS RS turn 1/2 R
 R L R LR

Heel Struts H S H S H S H S move fwd - hands in air
 L L R R L L R R
 & 1 & 2 & 3 & 4

Double Touches DS TCH(ib) H DS TCH(ib) H
 L R L R L R
 &1 & 2 &3 & 4

REPEAT all of above to face front**Break** (32)

Roll Vine S S S clap full turn L (R) on beat 1-3
 L R L
 1 2 3 4

Sugar Walk S(if) S(if) S(if) S(if) bend your knees
 R L R L swivel R-L-R-L on both feet
 1 2 3 4 move fwd on beat 1-4

REPEAT all of above on opposite footwork

Step & Bump S(ots) S(close) S(ots) TCH Bump Hips back-front-back-front
 L R L R
 1 2 3 4 5 6 7 8

Step & Bump S(ots) S(close) S(ots) TCH Bump Hips back-front-back-front-back-front
 R L R L
 1 2 3 4 5 & 6 7 & 8